

July 14, 2013
Dr. Mark D. Cain
God's Pharmacy – The Psalms

A Song From A Suffering Saint
Psalm 42
(Pew Bible p. 575)

Medicine from the Great Physician for suffering saints:

1. Trials are part of “normal” life.
2. Respond to trials with honest expression to yourself and to God.
3. Focus on God first, before deliverance.
4. Cultivate the discipline of spiritually strategic self talk.

No one is more influential in your life than you are, because no one talks to you more than you do. – Paul Tripp

Have you realized that most of your unhappiness in life is due to the fact that you are listening to yourself instead of talking to yourself?
Dr. D. Martyn Lloyd-Jones

Looking ahead – Aging Gracefully, Psalm 71