**SUGGESTED DISCUSSION POINTS FROM AUGUST 1, 2021, SERMON**

*Lifting the Dark Cloud*

How open and honest are you with God about the real pain and suffering in your life?  How open are you with others?

Do you ever make a connection between the suffering in your life and your sin?  (verse 1)

Edward Welch says that, in the midst of depression, "the only thing you know is that you are guilty, shameful, and worthless. It is not that you have made mistakes in your life, or sinned, or reaped futility, it is that you *are* a mistake, you *are* sin, you *are* futility." Have you ever felt that way?

Have you ever felt like you were ‘languishing’?  Why is it important to cry out to God to be gracious?

David cries out, “But you, O Lord – how long?”  Ever said that?

What does it look like for you to cry out to God for mercy?

Has your pain and suffering ever ‘made your eyes waste away’ from crying?  (verse 7)

What is the turning point for David?  (verses 8-10)

In the most barren hours of our lives, our Father hears when we cry out to Him and He will deliver in His time and His way.  Discuss.

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*Current* Teaching Series

Dr. Jason Lancaster

Week 4

August 1, 2021

A picture containing text, mountain

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Psalm 6

Your suffering and sickness may be a direct result of your sin.

In your despair God has open arms of love, not wrath or anger, and we can cry out to Him.

We as a church want to create an Authentic Community for broken people living in the Gospel.

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