**SUGGESTED DISCUSSION POINTS FROM FEBRUARY 7, 2021 SERMON**

*Freedom from the Vicious Cycle of Anger*

Do you ever feel like your cycle of anger is so strong that nothing seems to help?

What do you think about Jesus equating ‘Heart murder’ as deserving as the same judgment as outward acts of murder?  Why does He connect the two?

Discuss:  A Transforming Initiative is a Realistic Way of Deliverance.  Describe the realistic way of deliverance from the two mini-parables.

-Read and Discuss Matthew 6:23-24:  As you **go** and seek reconciliation you will notice that you are being transformed from an angry person to one who loves.

-Read and Discuss Matthew 6:25-26: Feel the urgency of reconciliation and do not let the unresolved conflict continue.

Discuss:  If you are in a cycle of anger and disrespecting others then you need to walk in the urgency of the transforming grace initiative of reconciliation.  What could this look like?

Take some time to pray for one another as we each deal with this cycle of anger and find freedom in Jesus Christ who compels us to move toward others in reconciliation

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*Current* Teaching Series

Dr. Jason Lancaster

Week 5

February 7, 2021

 

*Freedom from the Vicious Cycle of Anger*

Matthew 5:21-26

Physical Murder

Heart Murder

Transforming Initiative

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